Whispers of Stillness

7-12 JUNE
Energy exchange:
1100 €

tucked above the quiet, subtropical valley of Tertsa on Crete's southern coast — embraced by the Libyan Sea, banana trees, rocky cliffs and the sun-kissed hills.

a place crafted with mindful detail, where time slows and the natural world becomes your sanctuary.

Facilities & Atmosphere

📍 South Crete
A place where mountains meet the sea and you find peace & tranquility

- Comfortable double rooms built from natural materials, blending simply and harmoniously with the environment.
- A covered workshop space and outdoor nooks for yoga, meditation or restorative stillness.
- Vegan-friendly **full-board** meals: breakfast, brunch, dinner, with coffee, tea and fresh fruit throughout the day
- Outdoor showers, off-grid energy system and a slow-paced, nature-connected vibe.

Here, we come to gather for a few days to slow down.

*We **move** through Vinyasa and Yin.*
*We swim in the **sea**.*
*We chant under the **stars**.*
*We connect, we journal, we **rest**.*

This retreat is called Whispers of Stillness.

Here, we come to:

- *Reconnect with your body through daily yoga practices*
- *Experience meditation and mindful movement*
- *Share a mantra circle and sound healing*
- *Cook and connect together*
- *Journal, reflect, and realign*
- *Walk gently through nature*
- *Embrace sea, silence, and soulful community*

PHENOMNIA